

## Skinner (Joseph Allen) State Park and Mount Holyoke Range State Park Trails

These two state parks offer over 30 miles of trails crossing over 3,000 acres. Paths from the Summit House in Skinner State Park connect with marked trails that traverse the Holyoke Range, including the New England National Scenic Trail. While the steep terrain makes mountain biking difficult, it is allowed on all but the white blazed Metacomet-Monadnock trail. From the summit of Mount Holyoke, there are spectacular views of the Connecticut River Valley from the Summit House, once a popular mountaintop hotel in the 1800s. The Notch Visitors Center off Route 116, is open daily.

<b>Location:</b>	The entrance to Skinner State Park is on Route. 47, in Hadley. The entrance to Mount Holyoke Range State Park is on Route 116, in Amherst.
<b>Trail Type:</b>	Off-road marked trails and paved road Length/Difficulty: 30 miles (approx.); Most moderate to strenuous
<b>Permitted Uses:</b>	Hiking, walking, mountain biking, cross-country skiing, snowshoeing, picnicking
<b>Parking:</b>	4 designated parking areas, including the Summit House.
<b>Facilities:</b>	Picnic sites and restrooms at the summit
<b>Information:</b>	<a href="https://mass.gov/eea/agencies/dcr/massparks/region-west/">mass.gov/eea/agencies/dcr/massparks/region-west/</a>